

Pups 'n' Bubs

Songs for Healthy Children and Dogs

The ***Healthy Pups 'n' Bubs*** Programme is part of the *Healthy Dogs, Healthy People* Project conducted at Lockhart River In QLD, Australia 2016/2017. The project's implementation is informed by the evidence-based work of the Animal Management in Rural and Remote Indigenous Communities (AMRRIC), a not-for-profit charity that uses a One Health approach to coordinate veterinary and education programs in Indigenous communities.

The *Healthy Dogs Healthy People Project* aims to improve human health by improving care and management, and combating diseases relating to animal (particularly dog) health and welfare in Lockhart River.

The 20 songs on this DVD were conceived through working with the Lockhart River Aboriginal Community to identify issues of concern about the dogs in their community. The DVD is a health promotion video for young children and their carers, that through song teaches the responsibilities of dog ownership and celebrates the role of dogs in the community.

We are indebted to social planner and dog champion, Anita Eggington, who not only managed the project but has consistently supported our work as artists in the community.

We thank Courtney Falls from AMRRIC (Animal Management in Rural and Remote Indigenous Communities) who oversaw the health and safety messages we promoted in the songs.

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For more information about the storytelling-based arts work of Roman and Morgan, please go to our website.
www.schatzblackrose.com

Roaming dogs are common in Aboriginal communities. This can cause problems for their own safety and the safety of people. Maintaining good fences and shutting gates helps to keep dogs at home.

Roaming Round the Town

Oh the dogs of Lockhart River
Are roaming round the town,
Some went up,
And some went down,
And some just play around.
The spotted ones went up,
The patchy ones went down,
And the ones that camped outside the shop
Were brindle, black and brown.

Oh the dogs of Lockhart River
Are roaming round the town,
Some jump up,
And some lay down,
And some just mooch around.
The white ones jump up,
And the yellow dogs lay down,
And when they're not outside the shop,
They're roaming round the town.

Go home all you doggies,
No more in town you roam,
Fix the fence and shut the gate,
So doggies stay at home.

Germs are easily transferred between puppies and children through sharing food utensils, kissing and licking (saliva) and playing in areas where dogs poo and wee.

Puppy and Me

Puppy don't kiss me (on the lips) (3):ll
Puppy don't kiss me on the lips,
That can give me germs.

Puppy don't lick me (on the face) (3):ll
Puppy don't lick me on the face,
That can give me germs.

Puppy don't eat food (off my plate) (3):ll
Puppy don't eat food off my plate,
That can give me germs.

Puppy don't drink water (from my cup) (3):ll
Puppy don't drink water from my cup,
That can give me germs.

Puppy's got his things, (I've got mine) (3):ll
Puppy's got his things, I've got mine,
So he don't give me germs.

A dog can be your friend, your companion and your playmate. If you love them and care for them like someone in your own family, they will be loyal, loving and look out for you. Dogs learn to be good dogs when they are puppies. If you are cruel to a puppy then he can grow up to be scared and untrustworthy. He may even become a 'cheeky' dog. If you are kind to a puppy and train him well, then he will grow up to be a good dog.

He's My Friend

Don't pinch, don't punch, don't poke your puppy,
No! No! No!
Don't hit, don't kick, don't whip your puppy,
No! No! No!

I don't whack him, I don't smack him,
I don't hurt him, he's my friend.
He's just a little puppy,
And I love him, he's my friend.

I pet and pat and put my puppy,
On my lap.
I play with my puppy,
And then we have a nap.

If a mother dog has too many litters of puppies she gets exhausted and she can get sick. Desexing female dogs is an important way of ensuring that they remain healthy and desexing male dogs means they are less likely to roam. This is a counting song about too many puppies.

Too Many Puppies

1 little, 2 little, 3 little puppies,
4 little, 5 little, 6 little puppies,
7 little, 8 little, 9 little puppies,
Too many puppy dogs.

10 little, 9 little, 8 little puppies,
7 little, 6 little, 5 little puppies,
4 little, 3 little, 2 little puppies,
1 little puppy dog.
(that's enough for me)

Puppies need to be vaccinated for Parvovirus at 6 weeks old. They need to be wormed at 2, 4, 6 and 8 weeks of age then every 3 months after that. Keeping the puppies' den clean by washing the bed and blankets gets rid of fleas and washing the floors with bleach helps kills viruses.

Miss Muppy had a Puppy

(Tune of Miss Polly Had a Dolly)

Miss Muppy had a puppy who was sick, sick, sick,
She had worms, she had mites, she was covered in ticks.
She rang for the vet to come quick, quick, quick,
And the vet she came with her bag of tricks.

She looked at the puppy and she shook her head,
First thing we do is we wash his bed,
We pick up his poo and make the backyard clean,
Then we give him a needle of puppy vaccine.

Miss Muppy has a puppy who is healthy now,
Let's all give a shout and a bow wow wow!

Attending to your puppy's health needs quickly and regularly ensures that they are less likely to get infections from wounds, or suffer from the discomfort and diseases that parasites like ticks cause. Check your dog regularly for ticks and make sure vaccinations are up to date.

Little Brown Puppy

(Tune of Little Peter Rabbit)

Little brown puppy has a sore on his paw :|| (3)
so we dabbed it with betadine.

Little grey puppy has fleas in his fur :|| (3)
so we washed him with special shampoo.

Little black puppy has a tick in his ear :|| (3)
so we gently pulled it out.

If you want a healthy mate, don't forget to vaccinate! Besides caring for your dog with the basics of healthy food, clean water and shelter, ensuring that they receive regular vaccinations means that they are happier as they are not afflicted by parasites, that can also be transmitted to humans!

Vaccinate

(Tune of Chopsticks)

My puppy's sick,
he's been bitten by a tick.
My puppy squirms,
cause she's got worms.
My puppy's coat did change,
that's because he's got mange.
Oh what, oh what can we do?

(Instrumental)

If you want a healthy mate,
Don't forget to vaccinate!
Vaccinate, Vaccinate, Vaccinate...

There are many dangers for puppies in their first few months of life. These range from environmental factors, such as being stood on, run over or bitten by a snake, diseases and parasites such as parvovirus or heart worms, to neglect, such as starving or becoming dehydrated. If mother dogs aren't properly cared for then they can't do their best for their puppies.

Five Little Puppies

5 little puppies on the kitchen floor,
One was rolled on by it's mother,
Then there were 4.
4 little puppies sleeping by a tree,
One was bitten by a snake,
Then there were 3.
3 little puppies playing in their poo,
One got worms in his belly,
Then there were 2.
2 little puppies lying in the sun
One had no water to drink,
Then there was 1.
1 little puppy, let's keep him safe and sound,
So we can grow him up into a healthy, happy hound!

Puppies are great playmates. If you run around with them everyday you and your puppy are both getting exercise, strengthening your bodies and building bonds of friendship with each other.

What Puppies Like

Puppies like to roll around
Puppies like to play,
Puppies like to chase a ball,
Every single day.
Puppies like to hide,
Puppies like to seek,
Puppies like to fetch a stick,
And have a little treat.
Puppies like to run,
Puppies like to leap,
Puppies like to jump about,
Then fall in a heap.

Most dogs like to play fetch, run and jump around. Some dogs don't like to be hugged, and may growl at you because they feel threatened. Respect a dog's space by letting it eat alone, sleep in peace and don't step over it or tease it.

Leave Her Alone

My doggy don't like,
Kisses and cuddles
She likes to play fetch,
And jump in puddles.

My doggy don't like,
If I squeeze her tight,
She growls at me,
And she might bite!

I give her a bone,
And leave her alone,
Sometimes,
She likes it that way.
I give her a bone
And leave her alone,
She's happy on her own. Hooray!

There are a number of ways that you can identify whether a dog is happy, scared or angry. A quick way is to look at its tail and what position it's in. Remember that scared dogs may also bite.

Dog Tails

(Tune of If You're Happy and You Know It)

If you're happy and you know it, wag your tail :ll (2)
If you're happy and you know it and you really want to show it,
If you're happy and you know it, wag your tail.

If you're scared and you know it, put your tail between your legs :ll (2)
If you're scared and you know it and you really want to show it,
If you're scared and you know it, put your tail between your legs.

If you're angry and you know it, stick your tail straight up high :ll(2)
If you're angry and you know it and you really want to show it,
If you're angry and you know it, stick your tail straight up high.

When confronted by an aggressive (cheeky) dog, follow the safety guidelines and walk away to a safe place, e.g. up a tree or inside a building or stand still and silent like a tree. If a dog attacks you, drop to the ground and roll yourself up into a ball like an echidna, covering your ears and and the dog(s) will hopefully lose interest in you and walk away.

Cheeky Dog

Cheeky dog,
Cheeky dog,
You don't scare me.
I walk away,
Or stand like a tree.

Cheeky dog,
Cheeky dog,
Don't look him in the eye,
Don't wave your hands,
Or squeal at the sky.

I walk away (walk away, walk away) :|| (2)
To safety.
I stand like a tree (like a tree, like a tree) :|| (2)
still as a tree.

But if he attacks,
I get down low,
Become a hard rock,
from head to toe.
I'm all curled up,
On the ground,
Please don't bite me,
You cheeky hound. (walk away, walk away) :|| (2)
You cheeky hound. (walk away, walk away) :|| (2)

Dogs need exercise and they are also good companions. But there are places where dogs are not allowed to go because they may threaten the health and safety of the people using those places, such as schools and clinics. There are dog-free zone signs, so dogs should be kept away.

It's a Dog-Free Zone

No dogs at school,
Cause it's not cool.
Doggy go home,
It's a dog-free zone.

No dogs in the shop,
The sign says STOP,
Doggy go home,
It's a dog-free zone.

No dogs in the clinic,
It's not a picnic.
Doggy go home,
It's a dog-free zone.

Do dogs inside,
Please stay outside.
Doggy go home,
It's a dog-free zone.

Remember that any dog can bite! It Respect their space, especially if they are guarding territory, puppies or food. It is best to avoid cheeky dogs.

Oh Where Has that Cheeky Dog Gone (Tune of Oh Where Has My Little Dog Gone)

Oh where oh where has that cheeky dog gone?
Oh where oh where can he be?
With his tail straight out and his hackles up,
Oh where oh where can he be?

Oh there oh there is that cheeky dog,
He's guarding his territory.
So I will walk the long way round,
So cheeky dog won't bite me.

As well as vaccinating dogs against parasites, keeping dogs healthy and happy can be done by giving them a weekly wash. Use flea shampoo if your dog is afflicted.

Dog Wash Day

(Tune of Turkey on the Straw)

The fleas are a biting,
And the old dogs are fighting,
The pups are a scratching
Cause the mites they are hatching.
The dogs are all twitchy,
Cause the lice make them itchy,
But help is on its way,
Cause it's bath time today.

Rub-a-dub dub,
Jump in the tub,
Shampoo the dogs
Scrub, scrub, scrub,
We'll wash those parasites away,
And have happy, healthy dogs today!

Feeding dogs healthy food every day is important. Not all foods are suitable for dogs. Always cook offal and pork well before giving it to dogs to prevent them getting worms. Don't give dogs cooked chicken bones.

Feeding the Dogs of Lockhart River Blues

Chicken, mince meat and cooked liver,
We're feeding the dogs of Lockhart River.

Dry food, vegetables, rice and stew,
We like to eat and our dogs do too.

We like to eat every day,
Proper food the proper way,
Oh yes we do. (chew a chew a chew a chew)

Celebrating Community is important. Dogs are not only members of families but also part of the community. They may have roles as companions, playmates, protectors and hunters.

We're Having a Party

All the dogs in town gonna gather round, We're having a party:ll
All the kids in town gonna gather round, We're having a party:ll
Shake a leg, shake a leg, We're having a party:ll
All the aunties in town gonna gather round, We're having a party:ll
All the uncles in town gonna gather round, We're having a party:ll
Shake a leg, shake a leg, We're having a party:ll
All the old people too, they're clapping for you:ll We're having a party:ll

Dogs like cars! Keeping dogs safe around cars is important. When they are travelling inside a car or in the back of a ute they should be secured so they don't fall out or get thrown around in an accident. Don't let dogs chase cars because they can cause an accident or get run over. never let your dog drive!

Driving Doggy

Taking my doggy in the car,
We're driving around, but not too far.
Doggy is sitting by my side,
She likes to go for a good, long ride.

Doggy is sitting in the front,
She likes to run and she likes to hunt.
Doggy is sitting in the back,
He likes to chase and he likes to track.

(Repeat Verse 1 and 2)

Now he's crawled onto my lap,
You naughty dog, get on back.
You're not allowed behind the wheel,
Cause you haven't got a licence,
Now heel.
Good dog.

(Repeat)

(You need a licence to drive a car and you've got to be registered too!)

It is important to look after hunting dogs by making sure they are wearing protective harnesses. If they are injured they may run off into the bush, suffer, and die. If they survive they might breed with dingoes, which is bad for the dingo community. Giving them first aid treatment if they are injured can prevent infection, death from shock and aid the chances of recovery.

Oh Where Has My Hunting Dog Gone

(Tune of Oh Where Has My Little Dog Gone)

Oh where oh where has my hunting dog gone?
Oh where oh where can he be?
He was chasing a pig, now he's disappeared,
Oh where oh where can he be?

I saw him run into the bush
I saw him behind a tree,
I called his name, but he wouldn't come back,
Oh where oh where can he be?

Oh there oh there is my hunting dog,
He's got a cut on his knee.
Let's stitch him up and take him home,
And make him well and happy.

All living things die. Puppies and dogs may die of a disease or illness, in an accident or they maybe be euthanised to end their suffering. Whenever someone you love dies you may experience feelings of sadness and loss.

My Doggy's Gone

My doggy's gone,
And I am sad.
My doggy's gone,
I'm feeling bad.

My doggy's gone,
On his way.
And we say goodbye,
To my dog today.

Goodbye my friend,
I remember you,
Now the good times we shared,
Are through.

My doggy's gone,
And I am sad.
My doggy's gone,
I'm feeling bad.

My doggy's gone,
On his way.
And we say goodbye,
To my dog today.